



@OFFICIAL_JGA



@JGA86



TRIAL INFORMATION PACK

WELCOME

Welcome to Jamies Gymnastics Academy. The UK's largest gymnastics club.

Thank you for booking your free trial with us. In this pack you will find all of the important information that you will need to know before your child's first gymnastics class.

Below, you will find information for all of our different academy locations. Please ensure you read this carefully as it contains details of everything you need to know.



WHAT TO EXPECT AT YOUR TRIAL

We want you to be sure that our classes are suitable for your child before you commit and so we offer a free trial to all new members.

When your child arrives, they will go into the class with all the other gymnasts and they will begin to warm up. Our pre-school gymnasts will take part in a separate warm up to music! Children will play a pulse raising game before the register is taken and children will then be placed into groups based on their age/ability.

Each group will be allocated a coach for the entire term. Once grouped, gymnasts will head over to the equipment and rotate around the gym on alternative pieces following our weekly gymnastics themes.

At the end of your child's session, they will be handed information regarding the sign up process for you to read.

Please be aware that parents are unable to watch the sessions (excluding parent & child and Little J's) , including trials. Here at Jamies, we offer displays at the end of each term. Parents will be invited into the gym which will give the gymnasts the opportunity to showcase what they have learnt in their classes. This will also include our coaches handing out awards for individual achievements throughout the term.

IMPORTANT: Your child will be signed up automatically to start the following week so if you **DO NOT** wish to enrol, please contact us by phone or email by the following working day. Further details can be found in this pack or by speaking with the coach at the end of the class.



WHAT TO WEAR

Gymnasts can wear anything that they are comfortable in! Most of our children wear a t-shirt with shorts or leggings. We just ask that they do not wear anything too loose.

We do sell a range of merchandise that you can purchase from our Pro-Shop which is linked in your parent portal. These can be purchased online or by contacting the office.

If your child has pierced ears, please ensure these are either removed or taped up prior to the session. Long hair also needs to be tied back please prior to arrival.

Please can your child arrive to the session in their gymnastics attire as there is not always access to the changing areas. Hoodies/Jumpers and footwear can be taken into the gym and left around the side of the hall. (excluding Langley which has designated storage in the waiting area) Alternatively, parents can keep hold of any items.

Gymnasts will take part in the session in bare feet, and we kindly ask for gymnasts to wear easily removable shoes such as sliders or similar.

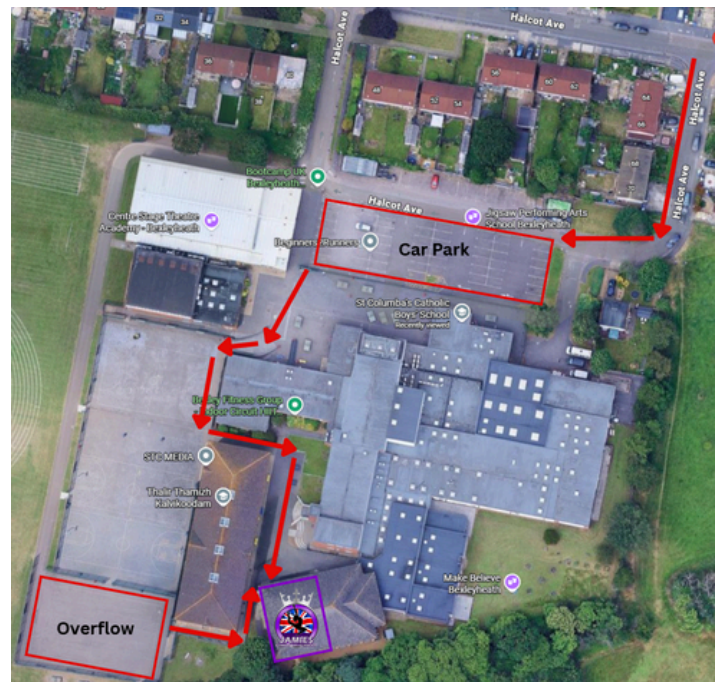
Please also ensure your child has been to the toilet prior to the session. Lastly please provide your child with a named refillable water bottle.

If you have any other questions, please don't hesitate to ask either by email to info@jgagroup.co.uk or by calling our head office 020 8464 1477.



A large, brightly lit room with a grey carpet and light-colored walls, set up for a physical education or therapy session. The room features several large windows with blue curtains. The floor is marked with blue tape forming a grid. Various colorful mats and equipment are arranged on the floor, including a large pink mat along the back wall, a long purple mat in the foreground, and several smaller mats in green, yellow, and orange. A small table with a green top is also visible.

Other: Parents are unable to wait on site



BROMLEY



Address: Raglan Primary, Jaffray Road, Bromley BR2 9NL

Days: Monday's, Tuesday's, Wednesday's & Saturday's

Classes available: Pre-School, Recreational, Boys only, Intermediate & Advanced Recreational

Parking: Free parking on Jaffray Road

Other: Please enter the school grounds via the large gates next to the Jamies banner. Please drop your child off at the main entrance to the sports hall and then collect them from the fire exit at the back of the gym. Please do not enter via the school car park.

Parents are welcome to wait on site at Bromley Academy however we kindly ask parents to not congregate in the corridor.



CHISLEHURST



Address: Chislehurst School for Girls, Beaverwood Road BR7 6HE

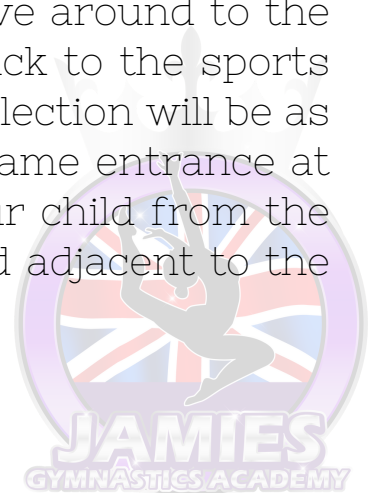
Days: Monday's, Wednesday's, Thursday's & Saturday's

Classes available: Little J's Funhouse, Pre-School, Recreational, Boys only, Freestyle, Intermediate and Advanced Recreational

Parking: In the school car park

Other: As you drive through the entrance gates, you will see the entrance to the sports hall straight ahead of you. Drive around to the right hand side and park in the car park then walk back to the sports hall. Please drop off your child to this entrance and collection will be as follows: **Weekdays** - please pick up your child at the same entrance at the end of the session. **Saturdays** - Please collect your child from the sports hall fire exit which is located on the school field adjacent to the car park.

Parents are unable to wait on site.



COOPERS



Address: Coopers School, Hawkwood Lane, Chislehurst BR7 5PS

Days: Monday's and Wednesday's

Classes available: Masters only

Parking: In the school car park

Other:

Parents are unable to wait on site.



ELTHAM



Address: St Mary's Catholic Primary School. Glenure Road, SE9 1UF

Days: Tuesday's, Thursday's & Saturday's

Classes available: Recreational, Intermediate & Advanced

Parking: Free parking in the school car park

Other:

Parents are unable to wait on site.



LANGLEY



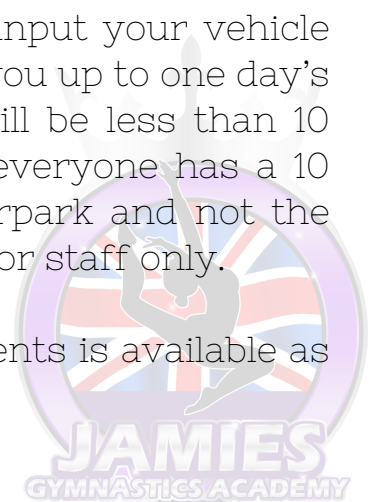
Address: Langley Academy, The Langley Court Pavillion, Unit 2 Mosaic Way, Beckenham BR3 3SW (located just off Tiber Way which is on South Eden Park Road. Next door to Fennies Nursery)

Days: Monday to Sunday

Classes available: Parent & Child, Little J's Funhouse, Pre-School, Recreational, Boys only, Home Educated, Mixed Freestyle, Intermediate & Advanced. **Please note our Little J's classes at this location are Term Time only**

Parking: Free parking available on site however you MUST input your vehicle registration number into the iPad in reception. This will give you up to one day's free parking. If you are only dropping off/collecting and will be less than 10 minutes, there is no need to provide your registration as everyone has a 10 minute free grace period. Please use the main overflow carpark and not the small Jamies carpark beyond the purple gates as this is now for staff only.

Other: Our first purpose built facility! A waiting area for parents is available as well as an onsite cafe serving light refreshments.



NORWOOD



Address: St Joseph's RC Primary School, Woodend, Norwood SE19 3NU

Days: Saturday's ONLY

Classes available: Pre-School, Recreational & Intermediate

Parking: In school car park.

Other: Parents are unable to wait in the school once they have dropped off. Sessions are held in the school hall which is next to the car park.



ORPINGTON



Address: Harris Academy Orpington, Tintagel Road BR5 4LG

Days: Thursday's, Friday's & Saturday's

Classes available: Pre-School, Recreational, & Intermediate

Parking: In the school car park or on the main road.

Other: Please note, the school car park is NOT the leisure centre entrance. When you arrive at the main reception you will be met by one of our coaches who will escort your child to the class. At the end of the session your child will be brought back to reception for you to collect them.

Parents are unable to wait on site.



SOUTH NORWOOD (OASIS)



Address: Oasis Academy (Arena), Albert Road, South Norwood SE25 4QL

Days: Monday to Saturday

Classes available: Parent & Child, Pre-School, Recreational, Boys only, Freestyle, Intermediate, Advanced, Minis & Masters

Parking: Free parking available in the Arena tram stop carpark or on the surrounding roads

Other: Please enter through the main reception and the gym is located on the right hand side. When you collect after class, please do so from the fire exit which is located at the back of the sports hall which is accessible via the school playground. This location is also conveniently located adjacent to Arena Tram stop.

Parents are now able to wait on site in the reception area only.



THORNTON HEATH



Address: St James the Great Primary, Windsor Road, CR7 8HJ

Days: Tuesday's & Wednesday's

Classes available: Pre-School, Recreational, Intermediate & Advanced

Parking: Free parking on the surrounding roads

Other: Parents must pick up and drop off from the pedestrian gate. Please arrive promptly as the gates will remain closed five minutes after the session starts and access will not be possible after this time.

Parents are unable to wait on site.



WEST WICKHAM



Address: Wickham Common Primary, Gates Green Road BR4 9DG

Days: Saturday's Only

Classes available: Pre-School, Recreational, Intermediate & Advanced

Parking: Free parking on the surrounding roads

Other: Please drop off your child to the hall fire exit doors which is to the left of the main school entrance. When you collect at the end of the session, please do so via the pathway that goes round to the left of the hall. Gymnasts will be dismissed from the fire exit door.

Parents are unable to wait on site.



CLASS FEES

This page contains important information. Please read!

At the end of the trial session, your child will be given a letter that details the class fees and information on British Gymnastics Membership. We call this our 'billing form' and its purely for your information only.

If you would like to continue classes starting from the following week, you do not need to do anything further. Your child will be enrolled, and payment will be taken automatically from the card you placed onto your account. You will however need to organise membership with British Gymnastics. Please use the details on the billing form or the link provided in the email provided.

Your initial payment will be for the remaining classes in the month plus the Jamies Club Membership. Payments will then be taken monthly on 1st each month going forwards and may differ from month to month. As we charge per session, the amount that you are billed on 1st of the month will be for however many sessions are taking place. Majority of months will have four sessions but there are some months where we will charge for five sessions.

IMPORTANT If, however after your free trial you **do not** wish to sign up for weekly sessions, please let our office know by the end of the following day so we can allocate the space to another child. Failure to inform us may result in your child being auto enrolled and payment debited, which cannot be refunded.

Once enrolled into our sessions, if you ever decide to cancel we do ask for 30 days notice please. This can be done by phone or email to info@jgagroup.co.uk

